

TMJ Screening Exam Record

Patient Name: _____

Date: _____

YES NO

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A) Signs of Occlusal Instability (worn, broken, or loose teeth)

B) Jaw Opening

Upon full opening, does the patient deviate to the right?

Upon full opening, does the patient deviate to the left?

Does the jaw deviate in protrusion?

C) Masticatory Muscle Palpation

Are any of the following muscles sore or tender when palpated?

Medial (internal) Pterygoid

Masseter

Temporalis

Lateral (external) Pterygoid

D) Evaluating Joint Sounds

Right Joint

Is there crepitus when the patient opens slightly (on rotation)?

Is there crepitus when the patient only opens wide (translation)?

Is there a click when the patient opens slightly (on rotation)?

Is there a click when the patient only opens wide (translation)?

Left Joint

Is there crepitus when the patient opens slightly (on rotation)?

Is there crepitus when the patient only opens wide (translation)?

Is there a click when the patient opens slightly (on rotation)?

Is there a click when the patient only opens wide (translation)?

E) Lucia Jig Load Test for Tenderness

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Did the Lucia Jig load test result in any tension or tenderness?

The next step: Transfer the information from the patient questionnaire and the exam record to the *TMJ Findings Worksheet*.